



# October 2017




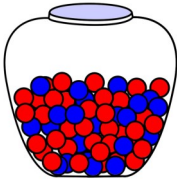
Monday

Tuesday

Wednesday

Thursday

Friday

<p>2 9:00 ♥warmers 1:00 Bingo 1:00 Shopping</p> <p>Cheddar Chicken</p>	<p>3 8:45 Foot Care (by appt only) 10:00 Aqua Aerobics* 1:00 Cribbage 1:00 Sr Fitness*</p> <p>Roast Turkey</p>	<p>4 10:00 Poetry 12:45 Knitting 1:30 Line- dancing**</p> <p>Spaghetti &amp; Meatballs</p>	<p>5 Oktoberfest &amp; Bingo Night* 4:00 Center Opens 5:00 Dinner 6:00 Bingo <b><u>Sign Up Required</u></b></p> <p>See Page 1</p>	<p>6 9:30 Tai Chi* 12:45 Book Club 1:00 Bingo 1:00 Shopping</p> <p>Chicken Parmesan</p>
<p>9</p> <p></p>	<p>10 10:00 Aqua Aerobics* 1:00 Cribbage 1:00 Sr Fitness*</p> <p>Beef Stroganoff</p>	<p>11 10:30 TOGETHER <u>12:00 Birthday Day</u> Audrey Lilly, Pianist 12:45 Knitting 1:30 Line- dancing*</p> <p>Baked Ham</p>	<p>12 8:45 Foot Care (by appt only) 9:00 Quilting 9:45 Mystery Trip* 1:00 Games Day</p> <p>Chicken 'n Noodles</p>	<p>13 9:30 Tai Chi 1* 1:00 Bingo 1:00 Shopping</p> <p>American Chop Suey</p>
<p>16 12:30 <u>"Senior Companions"</u> Senior Solutions 1:00 Bingo 1:00 Shopping</p> <p>BBQ Ribs</p>	<p>17 10:00 Aqua Aerobics* 1:00 Cribbage 1:00 Senior Fitness*</p> <p>Macaroni &amp; Cheese</p>	<p>18 9:00 Computer* 8:45 Foot Care (appt) 10:00 Poetry 12:45 Knitting 1:30 Linedancing*</p> <p>Shepherd's Pie</p>	<p>19 9:00 Computer* 9:00 Quilting 12:45 Bugbee Cinema "Saving Mr. Banks"</p> <p>Roasted Chicken</p>	<p>20 9:30 Tai Chi 1* 1:00 Bingo 1:00 Shopping</p> <p>C &amp; S Pizza</p>
<p>23 9:30 Flu Shots 1:00 Bingo 1:00 Shopping</p> <p>Salisbury Steak</p>	<p>24 10:00 Aqua Aerobics* 1:00 Cribbage 1:00 Sr. Fitness**</p> <p>Roast Pork</p>	<p>25 9:00 Computer* 12:30 Armchair Travel (video) 12:45 Knitting 1:30 Linedancing*</p> <p>Chicken Broccoli Alfredo</p>	<p>26 9:00 Computer* 9:00 Quilting 1:00 Games Day</p> <p>Baked Haddock</p>	<p>27 10:00 Suite Notes 12:00 Galen Mudgett Saxophonist 1:00 Bingo 1:00 Shopping</p> <p>Pulled Pork</p>
<p>30 1:00 Bingo 1:00 Shopping</p> <p>Oven Chicken</p>	<p>31 10:00 Aqua Aerobics* 1:00 Cribbage 1:00 Sr. Fitness*</p> <p>Italian Meatloaf</p>	<p></p>	<p>Marble Game Returns Monday, October 2nd</p> <p>"Gotta be in it to win it!"</p>	

## October Happenings

Oct. 2 12:30 Marble Game returns! Arguably our most popular fundraiser, the Marble Game is played daily. See details in the next column.

Oct. 4 1:30 Line-dancing Class with Jamie Orr. \$28/4 weeks. Sign up required.

Oct. 5 4:00 Oktoberfest & Bingo Night Opening. Sign up required. See page 1 for details.

Oct. 6 12:45 Bugbee Book Club, facilitated by Marieke Sperry of the Quechee/Wilder Library. This month's selection is "Let the Great World Spin" by Colum McCann. Copies of the book are available at the library or at Bugbee Senior Center. New participants always welcome. You do not need to have finished the book to come. Next month's book will be announced at the meeting.

Oct. 11 10:30 TOGETHER women's support group facilitated by Judy Adams. "The Single Most Important Secret to Happiness!" We will share basic ideas to help us cope with life's hurdles. We will feel better! (Bottom Line August 2017) New participants always welcome.

12:00 Birthday Day. Join us for lunch as we celebrate the birthdays of those born in October. Audrey Lilly will provide piano accompaniment.

Oct. 16 12:30 "Senior Companions". Are you 55 years of age or older? Would you like to help elders in your community? Do you have 15-20 hours per week to give your neighbors? If these criteria apply to you, you might enjoy being a "senior companion". Senior Companions receive a tax-free stipend that does not affect Social Security benefits. Come learn more about this program from Vicki Mastroianni, SCP Coordinator at Senior Solutions.

Oct. 19 12:45 Bugbee Cinema. FREE movie shown on our big screen. "Saving Mr. Banks." While this is the story behind Disney's classic "Mary Poppins", it is so much more than that.

Oct. 24 Senior Fitness Class with Laura Dykstra. \$30/8 weeks. Sign up required.

## .Fun & Games On

### Thursday Afternoons!

Back in May, Paul and Denise



Dellamano introduced us to "Hand and Foot", a card game very similar to Canasta. There have been regular tournaments on Thursday afternoons ever since. Unfortunately for us, Paul and Denise have purchased a new home in the lakes region of NH so they are no longer available, but their legacy lives on. Hand and Foot players will still gather on the Center at 1:00 on Thursdays (except the 3rd Thursday when we will show a movie in Bugbee Cinema). No registration, no cost (so there will no longer be cash prizes) ... just come in.

In addition, other games are available for folks who would like to come play: Scrabble, Dominos, Cribbage, Chinese Checkers, Chess, Yahtzee, to name a few. Bring a partner or come solo and find a partner here. We're just going to see how this evolves on its own



### Have You Played "The Marble Game"?

Several times each year, the Bugbee Senior Center conducts a fund-raiser called "The Marble Game" daily after the noon meal. Raffle tickets are sold daily (3/\$1) and are valid only on the day of purchase. Half of the money raised goes directly to Bugbee Senior Center; the remainder goes in to the "pot".

We start with 95 clear marbles, 5 red marbles, 1 pink marble, 1 mottled marble and 1 dark blue marble. After lunch, three tickets are drawn and each winning ticket holder gets to pick a marble from the can. Clear= no prize; Pink = pick another marble; Mottled = gift card; Dark blue = 1 Bugbee Buck; Red = Wins the pot.

If more than one red marble is picked, the pot is divided among the winners. If no red marbles are picked, the money in the pot rolls over to the next day. As the number of marbles decrease, the odds of winning increase and the pot grows. Play continues until all red marbles have been picked.

The next round of The Marble Game will start on Monday, October 2nd.

