



Activities & Events March 2024



Monday

Tuesday

Wednesday

Thursday

Friday

<p>Lunch is served Monday to Friday at Noon</p>	<p>Reservations required for in house meals. Call us before 10:30 to sign up!</p>			<p>1 10: Chair Yoga \$8 10: Mahjong 1: Bingo 1: Book Club 2: Cardio Drumming</p>
Baked Haddock				
<p>4 9:30: Beginner Tai Chi Zoom Class \$3 10:40: Traditional Tai Chi Zoom Class \$3 10: Bridge 1: Bingo 1: Boggle</p>	<p>5 10: Yoga Fusion \$8 12: Piano Tunes 12:45: Movies w/ Don 1: Card Games 2: Zoom Presentation: Happy Lunar New Year</p>	<p>6 Foot Clinic 9:30: Mahjong 10: Cardio Drumming 1: Fiber Crafts</p>	<p>7 9: Quilting 10: Captain Paige Bakes 10:30: Buzz Café w/ Guests from JAM 1:30 Senior Fitness \$8</p>	<p>8 10: Chair Yoga \$8 10: Mahjong 1: Bingo 1:30: Cardio Drumming</p>
Spag & Balls	Teriyaki Chicken	Beef Stroganoff	Meatloaf	Soup & Salad
<p>11 9:30: Beginner Tai Chi Zoom Class \$3 10:40: Traditional Tai Chi Zoom Class \$3 10: Bridge 1: Bingo 1: Boggle 1: Easter & St Patrick's Card Making</p>	<p>12 10: Yoga Fusion \$8 12: Piano Tunes 1: Card Games 2: Zoom Presentation: Marriage of Grants</p>	<p>13 Foot Clinic Birthday Lunch 9:30: Mahjong 10: Cardio Drumming 1: Fiber Crafts 1: Bugbee Trivia</p>	<p>14 ST. PATRICK'S LUNCH *Sign Up Required* 9: Quilting 10:30: Buzz Café 1: High Stakes Bingo 1:30 Senior Fitness \$8</p>	<p>15 10: Chair Yoga \$8 10: Mahjong 1: Bingo 1:30: Cardio Drumming</p>
Chili	Chicken Pot Pie	Swedish Meatballs	Corned Beef	C&S Pizza
<p>18 10: Bridge 1: Bingo 1: Boggle 1: Painting with Christine \$25</p>	<p>19 10: Yoga Fusion \$8 12: Piano Tunes 1: Card Games 2: Zoom Presentation: WWII Memorial</p>	<p>20 Foot Clinic 9:30: Mahjong 10: Cardio Drumming 1: Fiber Crafts 1: BugbeeTalks: Pippa Drew Art Talk</p>	<p>21 9: Quilting 10:30: Buzz Café 1: Making Connections 1:30 Senior Fitness \$8 1:30: Visually Impaired Group</p>	<p>22 10: Chair Yoga \$8 10: Mahjong 1: Bingo 1:30: Cardio Drumming</p>
Chicken Parm	Chowder & Salad	Bangers & Mash	Shepherd's Pie	Mac & Cheese
<p>25 9:30: Beginner Tai Chi Zoom Class \$3 10:40: Traditional Tai Chi Zoom Class \$3 10: Bridge 1: Bingo 1: Boggle 1: Needle Felting \$5</p>	<p>26 10: Yoga Fusion \$8 12: Piano Tunes 1: Card Games 2: Zoom Presentation: Portraits of the West</p>	<p>27 9:30: Mahjong 10: Cardio Drumming 1: Fiber Crafts 1: BugbeeTalks: Life Story Interviewing</p>	<p>28 EASTER LUNCHEON *Sign Up Required* 9: Quilting 10:30: Buzz Café 1:30 Senior Fitness \$8</p>	<p>29 10: Chair Yoga \$8 10: Mahjong 1: Bingo 1:30: Cardio Drumming</p>
Salisbury Steak	Ranch Chicken	BBQ Ribs	Baked Ham	Stuffed Shells