



Activities & Events

April 2024



Monday	Tuesday	Wednesday	Thursday	Friday
1 9:30: Beginner Tai Chi \$3 10:40: Traditional Tai Chi \$3 10: Bridge 1: Bingo 1: Boggle	2 10: Yoga Fusion \$8 12: Piano Tunes 12:45: Movies w/ Don 1: Card Games 2: Zoom Presentation: Army Women in Vietnam	3 Foot Clinic 9:30: Mahjong 10: Cardio Drumming 10:30: Red Kite Candy Mini Trip 1: Fiber Crafts	4 9: Quilting 10: Captain Paige Bakes 10:30: Buzz Café 11: Bugbee History Drop in Hour 1: BugbeeTalks: Heart Disease & Health 1:30 Senior Fitness \$8	5 10: Chair Yoga \$8 10: Mahjong 1: Bingo 1: Book Club 2: Cardio Drumming
Chicken Parm	Meatloaf	Pork Chop	Soup & Salad	Ravioli Lasagna
8 9:30: Beginner Tai Chi \$3 10:40: Traditional Tai Chi \$3 10: Bridge 1: Boggle 1: Solar Eclipse Party	9 9: Toast & Jam Mini Trip 10: Yoga Fusion \$8 12: Piano Tunes 12:45: Movies w/ Don 1: Card Games 2: Zoom Presentation: Hearst Castle	10 BIRTHDAY LUNCH Foot Clinic 9:30: Mahjong 10: Cardio Drumming 1: Fiber Crafts 1: BugbeeTalks: Senior Investment	11 9: Quilting 10:30: Buzz Café 11: Bugbee History Drop in Hour 1: BugbeeTalks: ASL with Ava 1:30 Senior Fitness \$8	12 10: Chair Yoga \$8 10: Mahjong 1: Bingo 1:30: Cardio Drumming
Turkey Waldorf	Roast Pork	Baked Ham	Chop Suey	Grilled Cheese
15 9:30: Beginner Tai Chi \$3 10:40: Traditional Tai Chi \$3 10: Bridge 1: Bingo 1: Boggle	16 10: Yoga Fusion \$8 12: Piano Tunes 12:45: Movies w/ Don 1: Card Games 2: Zoom Presentation: Will Rogers	17 Foot Clinic 9:30: Mahjong 10: Cardio Drumming 1: Fiber Crafts 1: BugbeeTalks: The High Cost of Anger	18 VOLUNTEER APPRECIATION DINNER *Sign Up Required* 4: Doors Open 5: Dinner 6: High Stakes Bingo	19 10: Chair Yoga \$8 10: Mahjong 1: Bingo 1:30: Cardio Drumming
Spag & Balls	BBQ Ribs	Shepherd's Pie	Chicken Pot Pie	C&S Pizza
22 9:30: Beginner Tai Chi \$3 10:40: Traditional Tai Chi \$3 10: Bridge 1: Bingo 1: Boggle 1: Painting w/ Christine \$25	23 10: Yoga Fusion \$8 12: Piano Tunes 12:45: Movies w/ Don 1: Card Games 2: Zoom Presentation: Whales in NC	24 9:30: Mahjong 10: Cardio Drumming 10:30: Hanover Hood Museum Mini Trip 1: Fiber Crafts	25 9: Quilting 10:30: Buzz Café 11: Bugbee History Drop in Hour 1:30 Senior Fitness \$8	26 10: Chair Yoga \$8 10: Mahjong 1: Bingo 1:30: Cardio Drumming 2: Spring Card Class w/ Jodi \$20
Swedish Meatballs	Hot Turkey	Baked Haddock	Oven Chicken	Salisbury Steak
29 9:30: Beginner Tai Chi \$3 10:40: Traditional Tai Chi \$3 10: Bridge 1: Bingo 1: Boggle 1: Needle Felting \$5	30 10: Yoga Fusion \$8 12: Piano Tunes 12:45: Movies w/ Don 1: Card Games		Lunch is served Monday to Friday at Noon	Reservations required for in house meals. Call us before 10:30 to sign up!
Mac & Cheese	Tuna & Ham Salad			