



*Friday, December 12 from 1-5
and Saturday, December 13 from 9-2*

Explore unique, handmade gifts from local crafters and artisans.

Local craftmakers showcase products, crafts, and artwork, along with a jewelry bazaar, a cafe with food & refreshments, and a raffle. This is a great family-friendly event, and a way to keep your holiday-shopping-dollars in the community. You'll also help support Bugbee's goal to help seniors age well, independently. This event helps benefit Bugbee Senior Center's Meals on Wheels & senior enrichment programs.

Take the Bugbee Shuttle!

Saturday, December 13 from 9-2

Please consider parking at St. Anthony's Church in WRJ.

Thanks to the Town of Hartford, a shuttle with free hot chocolate & cookies will be available for pick up and drop off on December 13 from 9-2 as parking at Bugbee is going to be in high demand.

Holiday Raffle

The Holiday Raffle is back! Tickets go on sale starting December 1.

Prizes will be drawn December 15-19. Tickets are \$10 each.

Winning tickets are returned to the pot and remain eligible for all prizes. A full list of prizes will be available at the Center and include gift cards to Putnam Vineyards, Main Street Kitchen, UVAC and Tip Top Pottery; a bag of goodies from our friends at Post; jewelry from Cloverleaf; a chocolate house; and more!

Bugbee Cookie Walk

Friday, December 12 at 1:00 pm

Who doesn't like freshly baked cookies? Select your own assortment of homemade holiday cookies made by the best bakers in our community!

\$7.00 per pound. Shop early – this event often sells out quickly!

Menu DECEMBER 2025



Monday	Tuesday	Wednesday	Thursday	Friday
1	2	3	4	5
House Salad Steak & Cheese Slider w/ Peppers & Onions Roasted Potato Wedges Mixed Vegetables Jell-O	Antipasto w/ Olive, Artichoke, & Tomato Italian Sausage Pasta w/ Red Pepper Sauce Spinach Garlic Bread Tiramisu Dip	Cole Slaw Baked Haddock w/ Breadcrumbs Roasted Potatoes Creamed Spinach Ice Cream Sundae	Caesar Salad Chicken Broccoli Alfredo Roasted Tomatoes Garlic Bread Cookie	House Salad Beef Stew w/ Potatoes, Carrots, & Onions Broccoli Dinner Roll Fruit
8	9	10	11	12
House Salad Quebec Tourtiere Pickled Beets Mashed Potatoes & Root Vegetables Bread Pudding	Caesar Salad Mac & Cheese Peas Stewed Tomatoes Pudding	Cucumber & Dip Mild Chicken Tacos Pico & Slaw Mashed Black Beans Spanish Rice Churros	Tomato & Mozz Salad Corn Chowder Mixed Vegetables Cinnamon Roll	*Meals on Wheels Only* Tossed Salad C&S Pizza Fruit Parfait
15	16	17	18	19
House Salad Meatloaf Mash Potatoes w/ Gravy Green Beans Cake	Veggie Salad w/ Ranch Chicken & Biscuit Sweet Potatoes Peas & Carrots Jell-O	Romaine Salad Shepherd's Pie Mixed Vegetables Bread Pudding	*HOLIDAY LUNCH* Caesar Salad Roast Pork Sweet Potatoes Creamed Corn Dinner Roll Fruit Bowl	Chickpea Salad Grilled Cheese & Butternut Squash Soup Roasted Cauliflower Fruit & Jell-O
22	23	24	25	26
Cole Slaw Clam Chowder Peas & Carrots Crackers Pudding	*HOLIDAY BREAKFAST* Canadian Bacon Maple Breakfast Sausage Spinach Frittata Pancakes Yogurt & Berry Parfait	<p><i>Closed for the Holidays</i></p> <p>HAPPY</p> <p>HOLIDAYS</p>		
29	30	31		
Caesar Salad Beef Stroganoff w/ Egg Noodles Beets Fruit	House Salad Shrimp Scampi Peas & Carrots Garlic bread Brownies	*NEW YEAR'S EVE BREAKFAST* Egg Muffin w/ Bacon & Scallions Banana Foster Waffles Maple Breakfast Sausage Yogurt, Apricots, & Oranges	<p><i>Register in advance for:</i></p> <p>Holiday Lunch on 12/18 at noon</p> <p>Holiday Breakfast on 12/23 at 10:30 am</p> <p>New Year's Eve Breakfast on 12/31 at 10:30 am</p>	

We serve lunch at noon! Reservations required. Call 802-295-9068 before 11:00 to sign up!
Suggested donation is \$6.



Activities DECEMBER 2025

Monday	Tuesday	Wednesday	Thursday	Friday
1	2	3	4	5
9:30: Mahjong 9:30 & 10:40: Tai Chi @ Bugbee-\$3 10: Bridge 1: Boggle 1: Bingo 2: Grief & Healing Café *in person or virtual* 2: Indoor Rowing	8:30: Yoga for Men-\$8 10: Yoga Fusion-\$8 12: Roman on the Violin 1: Card Games 1: Fall Films with Don 2: Senior Learning Network Zoom 3:45: Joseph Smith Light Show Mini Trip	9: Foot Clinic 9:30: Mahjong 10:30: Senior Fitness-\$8 11:30: Tech Help 1: Fiber Crafts	9: Quilting 10:30: Buzz Café 11: Welcome Squad 1: Christmas Card Class 1:30: Mahjong 2: Senior Learning Network Zoom	9:30: Mahjong 9:30: Suite Notes 10: Chair Yoga-\$8 10: Hartford Nurse 1: Bingo 1: Book Club
8	9	10	11	12
9:30: Mahjong 9:30 & 10:40: Tai Chi @ Bugbee-\$3 10: Bridge 1: Painting w/ Christine 1: Bugbee Writing Circle 1: Boggle 1: Bingo 2: Indoor Rowing	<i>Ugly Sweater Day @ Bugbee</i> 8:30: Yoga for Men-\$8 10: Yoga Fusion-\$8 1: Fall Films with Don 1: Card Games 2: Senior Learning Network Zoom	9: Foot Clinic 9: Chair Yoga-\$8 9:30: Mahjong 10:30: Senior Fitness-\$8 1: Fiber Crafts	9: Quilting 10:30: Buzz Café 1:30: Mahjong 2: Senior Learning Network Zoom	<i>Bugbee Holiday Craft Fair & Cookie Walk Fri, 12/12 from 1 to 5 Sat, 12/13 from 9 to 2</i> 
15	16	17	18	19
9:30: Mahjong 9:30 & 10:40: Tai Chi @ Bugbee-\$3 10: Bridge 10: Memory Café Music Therapy 1: Boggle 1: Bingo 2: Indoor Rowing	8:30: Yoga for Men-\$8 10: Yoga Fusion-\$8 1: Card Games 1: UVMC Community Holiday Chorus Performance	9: Chair Yoga-\$8 9:30: Mahjong 10: Holiday Songs w/ WR Elementary 10:30: Senior Fitness-\$8 11:30: Tech Help 1: Fiber Crafts	9: Quilting 10:30: Buzz Café 12: Holiday Lunch* *advance registration required* 1:30: Yankee Swap 1:30: Mahjong 1:30: Visually Impaired Group	9:30: Mahjong 10: Hartford Nurse 1: Suite Notes Holiday Concert 1:30: Bingo
22	23	24	25	26
9:30: Mahjong 9:30 & 10:40: Tai Chi @ Bugbee-\$3 10: Bridge 1: Holiday Card Making for Meals on Wheels 1: Boggle 1: Bingo 2: Indoor Rowing	8:30: Yoga for Men-\$8 10: Yoga Fusion-\$8 10:30: Holiday Breakfast *advance registration required*	Closed for the Holidays 		
29	30	31		
9:30: Mahjong 9:30 & 10:40: Tai Chi @ Bugbee-\$3 10: Bridge 1: Boggle 1: Bingo 2: Indoor Rowing	8:30: Yoga for Men-\$8 10: Yoga Fusion-\$8 12: Lunch Tunes with Dan Roda 1: Card Games	9:30: Mahjong 10:30: Senior Fitness-\$8 10:30: New Year's Eve Breakfast *advance registration required*		

Holidays at Bugbee



Ugly Sweater Day

Tuesday, December 9

Who has got the ugliest sweater of them all? We want to see them! Show off your ugly sweater at Bugbee on Tuesday, December 9. Advance registration is required for Mac & Cheese lunch! Please call 802-295-9068 or email hello@bugbeecenter.org.

Menu

Caesar Salad
Mac & Cheese
Peas
Stewed Tomatoes
Pudding



Holiday Lunch

Thursday, December 18 at noon

Help spread holiday cheer with a delicious lunch and fun festivities at the center! Advance registration is required for a seat at the table. Call 802-295-9068 or email hello@bugbeecenter.org to sign up!

Menu

Caesar Salad
Roast Pork
Sweet Potatoes
Creamed Corn
Dinner Roll
Fruit Bowl



Yankee Swap

Thursday, December 18 at 1:30 pm

After our holiday lunch, we will be hosting a Yankee Swap! If you want to play, bring in a wrapped gift suitable for "anyone" (approximate value \$5). Each person who participates will go home with a gift. Be sure to bring your sense of humor!

Advance registration required. Please call 802-295-9068 or email hello@bugbeecenter.org for more info or to sign up.



Holiday Breakfast

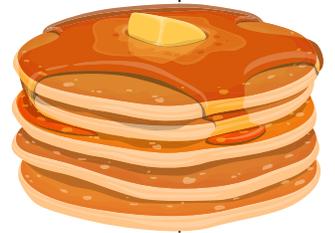
Tuesday, December 23 at 10:30 am

Everyone loves breakfast! This year, we've got a brand new menu filled with delicious favorites.

Advance registration required. Please call 802-295-9068 or email hello@bugbeecenter.org for more info or to sign up.

Menu

Canadian Bacon
Maple Breakfast
Sausage
Spinach Frittata
Pancakes
Yogurt & Berry Parfait



New Year's Eve Breakfast

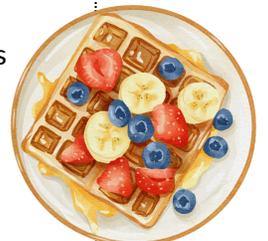
Wednesday, December 31 at 10:30 am

Happy New Year! Finish off a great year at Bugbee with another delicious breakfast.

Advance registration required. Please call 802-295-9068 or email hello@bugbeecenter.org for more info or to sign up.

Menu

Egg Muffin w/ Bacon & Scallions
Banana Foster Waffles
Maple Breakfast
Sausage
Yogurt, Apricots, & Oranges



Director's Corner

December, 2025

Happy holidays, everyone! With the Craft Fair coming up, plus a full calendar of activities (and the holiday breakfasts!), we have a lot to look forward to in December. I can't wait to see the pictures from the mini trip to the Joseph Smith Memorial Lights in South Royalton. I've noticed some of the local displays of lights around town have been helping to brighten up the darker winter months. Do you have any favorites?

The new Bugbee Writing Circle starting this month looks interesting. Their first prompt is "One object I've kept over the years and why." Probably my oldest belonging is the clarinet I played in high school. Even though I have a newer instrument I use to play with the community band and with friends, I've still kept it just for the memories.

Speaking of music, we'll also have some caroling, tunes from the Suite Notes, and students from White River Elementary to bring some cheer. And a new item in the menu rotation: French Canadian tourtiere! This was one of the suggestions from the Bugbee Test Kitchen earlier this year. I lived in Montreal while I was in college and for a few years after, so this traditional meat pie recipe will be nostalgic. Maybe for some of you, too! I have noticed a few French last names names on the roster...

Thank you to those who have been in a position to donate this year. We are at 65% of our annual goal. With a cap on funding for meals from the State this year, your gifts will stretch even further. If you are able to afford a contribution, we are grateful - even small amounts really do add up. Also: a special thank you to our Welcome Squad volunteers, who have been taking time to meet with people who are new to Bugbee. I think we all probably know what it feels like to walk in somewhere for the very first time, so any way we can help make people feel even more welcome is great. Once they start meeting all of you, usually people start feeling right at home!

Stay warm this month! We hope you enjoy this season's offerings, and whichever holidays you celebrate, we wish you peace and joy as we head towards a new year.

Mark Bradley
Executive Director



What's Up in January?

Winter Seed Sowing

Tuesday, January 6 at 1:30 pm

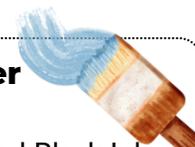
Get a head start on your seeds while there's still snow on the ground. You will learn how to prepare potting soil in plastic containers to be left outside until they begin to sprout in April and May. For more info, please call 802-295-9068 or email hello@bugbeecenter.org.



Ink Painting Class with Jean Gerber

Wednesday, January 7 at 1:00 pm

In this class participants will create a mat framed Black Ink Wash Painting. This is a relaxing class based on experimenting with mark making. Instruction includes simple exercises and further guidance. No art experience is necessary. Fee is \$15 and includes all materials. Registration required. Please call 802-295-9068 or email hello@bugbeecenter.org.



Connection & Communication Group

8 Week Course on Thursdays at 10 - January 8 thru February 26

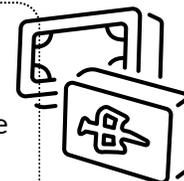
"Navigating around the negatives" *Sharing Skills for Being Happy Anyway!* The Golden Years can definitely throw kinks into our enjoyment of life: changes in functioning, not knowing peoples names, misplacing things, isolation, disorganization, anger, grief, regret, and fears. Registration required! For more info or to sign up, please call 802-295-9068 or email hello@bugbeecenter.org.



Beginner Mahjong Lessons

8 Week class on Thursdays at 1 pm - January 8 thru February 26

Have you been itching to learn Mahjong? Now's your chance! Sign up is required and attendance of the first class is mandatory. To register, please call or email 802-295-9068 or hello@bugbeecenter.org.



Grief & Healing Café

First Monday of Every Month at 2:00 pm - December 1

The Grief Café is a shared space to witness and share the grief experience and the nurturing of healing with others in a compassionate, kind, and non-judgmental environment, sharing both joys and sorrows. We hope you'll join us as you feel so moved.

The café is offered virtually via zoom! Email hello@bugbeecenter.org or call 802-295-9068 for the zoom link. First Monday of each month at 2pm. Coffee/Tea available.



Christmas Card Class with Jodi

Thursday, December 4 at 1:00 pm

Just in time for the holiday season, come enjoy a class making homemade cards with Jodi Harrington. Participants will create five holiday greeting cards. Please bring adhesive and glue dots for the class. The participation fee is \$15.

Registration required! For more info or to sign up, please call 802-295-9068 or email hello@bugbeecenter.org.



Bugbee Writing Circle

Monday, December 8 at 1:00 pm

Join us for a warm and welcoming afternoon of writing, sharing, and community conversation. Unleash your creativity, share your stories, and enjoy friendly conversation in our new Bugbee Writing Circle! Each month, we'll explore a fun prompt to spark memories, imagination, and laughter. No experience needed—whether you write a sentence or a full page, you'll be welcomed and encouraged. Come connect with others, express yourself, and discover the joy of writing in a relaxed, supportive setting. **Writing prompt for the first session: "One object I've kept over the years and why."**

Registration required. For more info or to sign up, call 802-295-9068 or email hello@bugbeecenter.org.



Painting with Christine

Monday, December 8 at 1:00 pm

Christine of the Wandering Paint Brush is back for another great painting class! All levels of experience are encouraged to come. For anyone who has taken a class with Christine, you know it is Always FUN! \$25 fee covers instruction and all materials. In December, paint two adorable polar bears. Take home your very own Masterpiece.

Registration required. For more info or to sign up, please call 802-295-9068 or email hello@bugbeecenter.org.



Christmas & Chanukah Card Making

Monday, December 22 at 1:00 pm

Tap into your creative side and let one of our Meals on Wheels participants know that their community cares about them! Have fun making December Holiday cards. This is a great way to make a difference in the lives of so many homebound seniors. Supplies are provided & no sign up is required! For more info, please call 802-295-9068 or email hello@bugbeecenter.org.



Bugbee Tunes

Music with Dan Roda

Last Tuesday of Every Month - Dec 30

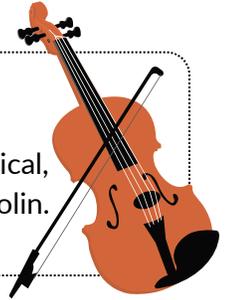
Dan will be here to perform a collection of guitar songs for the Bugbee Crew!



Roman on the Violin

Thursday, December 2

Roman Cornelius plays a mix of classical, bluegrass, and Celtic music on the violin. Donations appreciated!



Join these two as they play during lunch. To sign up for lunch, please call 802-295-9068 or email hello@bugbeecenter.org.

Upper Valley Music Community Chorus

Tuesday, December 16 at 1:00 pm

Music and singing is the best way to celebrate the holidays. Thankfully, The Community Chorus at Upper Valley Music Center is coming to the center for a performance! With smiling and laughing in the air, bring your friends and family to help spread holiday cheer!

The chorus aims to create a welcoming space where singers of all abilities can enjoy the art of choral singing in a fun choral community. They sing to build community and wellness, drawing on an eclectic variety of choral music to nourish, invigorate, empower, and connect.



No sign up required! For more information, please call 802-295-9068 or email hello@bugbeecenter.org.

Holiday Songs with White River Elementary School

Wednesday, December 17 at 10:00 am

Our favorite Third Grade Class at White River Elementary School will be singing Christmas Carols for us!

No sign up required! For more information, please call 802-295-9068 or email hello@bugbeecenter.org.



Suite Notes Holiday Recital

Friday, December 19 at 1:00 pm

The Suite Notes will serenade you with your favorite holiday tunes! This is a great way to celebrate the season and spread holiday cheer. Stick around for Bingo after the performance.

No sign up required! For more information, please call 802-295-9068 or email hello@bugbeecenter.org.



Welcome Lunch: Hosted by Bugbee Welcome Squad
First Thursday of every Month at 11 am - December 4

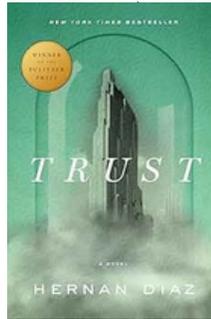
Joining a new community can seem daunting—but everyone is welcome at Bugbee where friendship and hospitality thrive! The Welcome Squad will greet newcomers with a brief tour of our center, offer an introduction to our programs and services, and provide an opportunity to meet people. Then, we will enjoy lunch together!

Help us spread the word by inviting potential new members to join us! Registration required! Call 802-295-9068 or email hello@bugbeecenter.org to sign up!



Book Club - Trust
Friday, Dec 5 at 1:00 pm

Quechee/Wilder Libraries discusses popular and interesting titles on the first Friday of the month. Copies of the book are available from Bugbee Senior Center or from Quechee Library at 802-295-1232. For more info and to sign up, call 802-295-9068 or hello@bugbeecenter.org.



Senior Learning Network
Virtual Presentations

Tues & Thurs at 2:00 pm

Enjoy interactive presentations on the big screen with a group in the library at the Center! Let us know if you'd like to attend! Call 802-295-9068.



December Presentations

Dec 2: *Gettysburg National Military Park*

Dec 4: *New Orleans Jazz*

Dec 9: *Christmas with the Roosevelts*

Dec 11: *Pearl Harbor National Memorial*



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White River Council on Aging
262 North Main Street
White River Junction, VT
05001
802-295-9068
bugbeecenter.org

