

Maintenance & Repairs

The building is showing signs of its age – 45 years old! - so it's time for a little TLC. We are scheduling electrical and plumbing work that will require some changes to the schedule, and some of the more major repairs will put the kitchen out of service for 1-2 weeks. Here is what we are expecting:

Week One: February 2 – 9.

Meals on Wheels – will continue to be delivered with food from an alternate meal provider.

Congregate Lunch – Canceled

In-person activities & services – Canceled or relocated off-site. Call 802-295-9068 for more info!

Week Two: February 9 – 13.

Meals on Wheels – will continue to be delivered with food from an alternate meal provider.

Congregate Lunch – Limited lunch services during the second week of repairs through catering.

In-person activities & services – Will resume as normal.

Week Three: February 17-20 (closed on 2/16 for Washington's Birthday)

We are hopeful that the kitchen will be able to open by Tuesday, February 17. For any remaining repairs, we are expecting to be able to work around the usual calendar of activities.

As many of you know, repairs can sometimes be unpredictable, so we appreciate your flexibility, and especially your patience! We will be communicating updates through our website and via email, and will send information to Meals on Wheels clients with deliveries. If you would like email updates, please message us at info@bugbeecenter.org, and you are welcome to call for the latest information. Thank you for bearing with us and for your support in taking care of the facility as best we can!

**Mini-Trip: AVA Art Gallery**

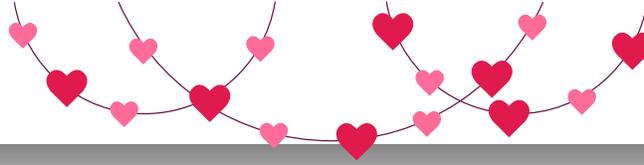
Wednesday, February 11, 10:30 am to 1:30 pm

Juni Van Dyke | These Beautiful Hands: A Tribute to Our Elders, A Multi-Media Installation

Take a trip to AVA Art Gallery in Lebanon, and discover Juni Van Dyke's tribute to our elders. Her project honors elders through a focus on their hands: hands worn smooth like river stones by years of loving, caring, laboring, and living. The artist spent many hours visiting with the participants of the projects. Each cast hand represents a soul, and a life lived well. After we see the exhibit, enjoy lunch at Village Pizza! Bring your own money for pizza. *Registration required!* For more info or to sign up, please call 802-295-9068 or email hello@bugbeecenter.org.



Menu FEBRUARY 2026



Monday	Tuesday	Wednesday	Thursday	Friday
2	3	4	5	6
<h2>Kitchen closed for maintenance</h2> <p>Meals on Wheels service only. Menu TBD.</p>				
9	10	11	12	13
Congregate Lunch TBD	Congregate Lunch TBD	Congregate Lunch TBD	Congregate Lunch TBD	House Salad C&S Pizza Melon
<h2>Kitchen closed for maintenance</h2> <p>Meals on Wheels Menu TBD.</p>				
16	17	18	19	20
Closed for Presidents' Day	Quinoa Salad w/ Oranges & Greens Teriyaki Salmon Sesame Rice Broccoli pineapple	House Salad Beef Stew Potatoes, Carrots, & Roasted Onions Green Beans Dinner Roll Bread Pudding	*Birthday Day* Beet-Almond Salad Mac & Cheese Stewed Tomatoes Peas & Carrots Birthday Cake	House Salad w/ Fried Tortillas Chili w/ Cheese, Sour Cream, & Scallions Tomato Pico Corn Bread Spiced Peaches & Pudding
23	24	25	26	27
Lunar New Year Cabbage Salad Chicken Pad Thai w/ Stir Fried Vegetables Apple Sauce Cake	House Salad w/ Cranberries Roast Pork Roll Scalloped Potatoes Cauliflower Peach Crisp	Tomato Cucumber Salad w/ Panzanella Croutons Lemon Herb Chicken Sweet Potatoes Vegetable Blend Jell-O	Caesar Salad Chicken Alfredo w/ Peas & Carrots Broccoli Garlic Bread Pumpkin Stuff	Caesar Salad American Chop Suey Green Beans Garlic Bread Cookies

We serve lunch at noon! Reservations required. Call 802-295-9068 before 11:00 to sign up!
Suggested donation is \$6.



Activities FEBRUARY 2026

Monday	Tuesday	Wednesday	Thursday	Friday
2	3	4	5	6
<h2>Bugbee closed for maintenance</h2> <p>*Some weekly activities offered off-site*</p> <p>Please call 802-295-9068 or check bugbeecenter.org for more info!</p>				
9	10	11	12	13
9:30: Mahjong 9:30 & 10:40: Tai Chi @ Bugbee-\$3 10: Bridge 1: Boggle 1: Bingo 1: Valentine's Day Card Making 2: Indoor Rowing	8:30: Yoga for Men-\$8 10: Yoga Fusion-\$8 1: Card Games	9: Foot Clinic 9:30: Mahjong 10:30: AVA Gallery Mini Trip 11:30: Tech Help 1: Fiber Crafts	9: Quilting 10: Bugbee Writing Circle 10: Connection & Communication Group 10:30: Buzz Café 1: Samba Card Game Lessons 1:30: Mahjong	9:30: Mahjong 9:30: Suite Notes 10: Chair Yoga-\$8 1: Bingo 1: Book Club
16	17	18	19	20
Closed for Presidents' Day	8:30: Yoga for Men-\$8 10: Yoga Fusion-\$8 10: Library Hours at Bugbee 1: Card Games	9:30: Mahjong 10:30: Senior Fitness-\$8 11:30: Tech Help 1: Fiber Crafts 1:30: Hartford Candidate Forum	9: Quilting 10: Connection & Communication Group 10:30: Buzz Café 1: Samba Card Game Lessons 1: BugbeeTalks: One Room Schoolhouses 1:30: Visually Impaired Group 1:30: Mahjong	9:30: Mahjong 9:30: Suite Notes 10: Chair Yoga-\$8 1: Bingo
23	24	25	26	27
9:30: Mahjong 9:30: Lunar New Year Gathering 10: Bridge 1: Boggle 1: Bingo 1: Painting with Christine-\$25 2: Indoor Rowing	8:30: Yoga for Men-\$8 10: Yoga Fusion-\$8 10: Library Hours at Bugbee 12: Lunch Tunes with Dan Roda 1: Card Games 1: Ink Painting Class-\$15	9:30: Mahjong 10:30: Senior Fitness-\$8 1: Fiber Crafts	9: Quilting 10: Connection & Communication Group 10:30: Buzz Café 1: Samba Card Game Lessons 1: BugbeeTalk: Pan American Bike Trek 1:30: Mahjong	9:30: Mahjong 9:30: Suite Notes 10: Chair Yoga-\$8 1: Bingo

Community at Bugbee

Virtual Grief & Healing Café

Monday, February 2 at 2:00 pm

The Grief Café is a shared space to witness and share the grief experience and the nurturing of healing with others in a compassionate, kind, and non-judgmental environment, sharing both joys and sorrows. We hope you'll join us as you feel so moved. The café in February is offered virtually via zoom only! Email hello@bugbeecenter.org or call 802-295-9068 for the zoom link. First Monday of each month at 2pm.



Connection & Communication Support Group

Thursdays from 10 to 11:30 - February 12 thru April 2

"Navigating around the negatives" *Sharing Skills for Being Happy Anyway!* The Golden Years can definitely throw kinks into our enjoyment of life: changes in functioning, not knowing peoples names, misplacing things, isolation, disorganization, anger, grief, regret, and fears (losing mental capacity, having enough money, getting some crippling disease). Navigating these issues, from the little to the huge ones, can be irritating, scary, or downright daunting! Sharing challenges can bring relief... and hearing how others cope can certainly help stay on the high side of joy and hope. Hosted by Jeanne Childs.



Registration required! For more info or to sign up, please call 802-295-9068 or email hello@bugbeecenter.org.

Bugbee Writing Circle

Thursday, February 12, 10:00 am to 11:30 am

Join us for a warm and welcoming morning of writing, sharing, and community conversation. Unleash your creativity, share your stories, and enjoy friendly conversation in our new Bugbee Writing Circle! Each month, we'll explore a fun prompt to spark memories, imagination, and laughter. No experience needed—whether you write a sentence or a full page, you'll be welcomed and encouraged.

Writing prompt for February: "Trying something new for the first time - and how it turned out."

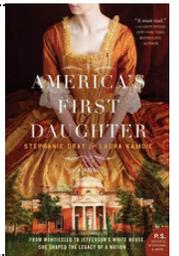


Registration required. For more info or to sign up, call 802-295-9068 or email hello@bugbeecenter.org.

Book Club - America's First Daughter

Friday, February 13 at 1:00 pm

Quechee/Wilder Libraries discusses popular and interesting titles on the first Friday of the month. Copies of the book are available from Bugbee Senior Center or from Quechee Library at 802-295-1232. For more info or to sign up, call 802-295-9068 or hello@bugbeecenter.org.

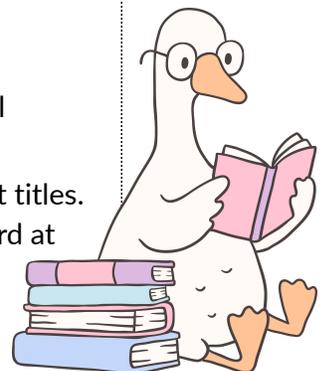


Hartford & Quechee/Wilder Library Hours at Bugbee

Every Tuesday from 10:00 am to 11:30 am - Starting February 17

The Libraries Come to Bugbee! Librarians from the Hartford and Quechee/Wilder Libraries will provide library services in Bugbee's library room each week.

They will bring books from the libraries' collections, including new best sellers and large print titles. All are welcome to check out books using existing library cards. If you don't have a library card at one of the Hartford Libraries, they will be happy to open one for you. You don't need to be a Hartford resident to open a card and use services. Learn about all that our Town Libraries have to offer and stock up on great reading materials! We look forward to seeing you there!



Director's Corner

February, 2026

Happy New Year, Bugbee! Winter is certainly here! All I can hear outside are plow trucks. It kind of reminds me of getting a snow day when I was a kid at school, although back then we didn't have Zoom or laptops. I think I had an Apple IIe when I was young, but all I did with it was play "Oregon Trail." In any case, I like working at Bugbee, and what could be better than helping to edit the Bulletin with a cup of tea during a snowstorm.

As you probably saw on the front page, we've got a collection of maintenance projects slated for the calendar. I can't think of a time since maybe the pandemic where the Center will be closed for a week! It's a lot to coordinate with a small team so I appreciate your patience during this temporary change of pace. The biggest project will probably be excavating part of the floor in the kitchen to replace some plumbing - I will be sure to take pictures for everyone. Can't wait to see what they find under the floor! Despite the uncertainty that big repair projects bring, I'm sure that we'll "roll with it." Thank you to Putnam Vineyard, the Wilder Club, & Quail Hollow, who are allowing us to meet offsite for some activities. One of Putnam's staff said "we're looking forward to being Bugbee Lite for a few days!"

I also wanted to thank the Bugbee Building Committee, who helped us prioritize the most important repair projects, and who recommended we get these done to the Hartford Selectboard. The Committee had some friends from Bugbee, some staff from the Town, and some community members. Working with them reminded me how important this place is to so many people - to me, a symbol of how important you all are to us.

Thank you all for being a part of making Bugbee an awesome and welcoming senior center.
Happy Valentine's Day. Stay warm!

Mark Bradley
Executive Director



New Year, New Mindset - Dance for Brain Health

Thursday, February 5 at 12:00 pm - Presented Offsite at Quail Hollow

Explore how dance supports brain health by boosting memory, coordination, and mood. In this interactive session with dance therapist Donna Newman-Bluestein, you'll learn its cognitive benefits, try simple movements, and get tips for making dance part of your routine. No experience needed, just come ready to move!

This presentation will be offered offsite at Quail Hollow. For more info, please call 802-295-9068 or email hello@bugbeecenter.org.



Lunar New Year Tai Chi Party

Monday, February 23 at 10:00 am

Come Celebrate the Lunar New Year! Instructors Anne Bower and Kathy Tracy invite you to enjoy tai chi and qigong forms at our Lunar New Year party. The Year of the Horse begins on Feb. 17 and in many parts of the world is cause for a huge celebration. The Year of the Horse portends lots of changes!

Those attending our party can try out different tai chi styles, follow along for some qigong breathing and stretching exercises, learn about tai chi and about Lunar New Year traditions too. There will be demonstrations of different tai chi forms to entertain you. This free event is open to all, whether you've done tai chi before or not. No registration required! For more info, please call 802-295-9068 or email hello@bugbeecenter.org.





Arts & Crafts

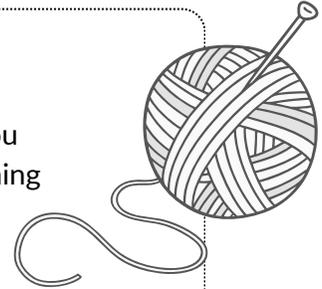
@BUGBEE



Fiber Crafts

Wednesday Afternoons at 1:00 pm

Do you enjoy fiber crafting and conversation? Are you looking for inspiration or are you beginning your crafting journey? Wednesdays at Bugbee is the place to be for everything fiber and crafty such as cross stitch, needlepoint, crochet, embroidery, and knitting.



No registration required. For more info, please call 802-295-9068 or email hello@bugbeecenter.org.

Quilting

Thursday Mornings at 9:00 am

Grab your rulers, your needles and start cross stitching and cross talking. Or just come and enjoy good company, good conversation, and make some quilts.



No registration required. For more info, please call 802-295-9068 or email hello@bugbeecenter.org.

Valentine's Day Card Making

Monday, February 9 at 1:00 pm

All of you crafty (and not so crafty—or not crafty at all!) folks out there, we need you! Please join us to make Valentines Cards for the recipients of Meals on Wheels. A wonderful way to brighten someone's day and bring a smile. All the materials for making funky and original cards will be provided. Just bring your sense of fun, and we will create one-of-a-kind cards!.



No registration required. For more info, please call 802-295-9068 or email hello@bugbeecenter.org.

Painting with Christine - Dog Sledding

Monday, February 23 at 1:00 pm

Christine of the Wandering Paint Brush is back for another great painting class! All levels of experience are encouraged to come. For anyone who has taken a class with Christine, you know it is Always FUN! \$25 fee covers instruction and all materials. In February, paint a dog sled winter scene! Take home your very own Masterpiece.



Registration required. For more info or to sign up, please call 802-295-9068 or email hello@bugbeecenter.org.

Ink Painting Class with Jean Gerber

Wednesday, February 24 at 1:00 pm

In this class participants will create a mat framed Black Ink Wash Painting. This is a relaxing class based on experimenting with mark making. Instruction includes simple exercises and further guidance. No art experience is necessary. Fee is \$15 and includes all materials & instruction.

Registration required. Please call 802-295-9068 or email hello@bugbeecenter.org.



Learn a New Game!

Samba - A Card Game

Every Thursday at 1:00 pm - Starting on February 12

Curious about the Samba card game? Join us to learn the rules, scoring, and basic strategies in a relaxed, supportive setting. No experience needed—just bring your enthusiasm!

No sign up required. For more info, please call or email 802-295-9068 or hello@bugbeecenter.org.



Beginner Mahjong Lessons

8 Week class on Thursdays, 1 pm to 3 pm - March 5 thru April 23

Have you been itching to learn Mahjong? Now's your chance! Sharon will be teaching another session of Mahjong lessons! Get to know bamboos, chicken hands, thirteen orphans, and going Mahjong.

Sign up is required and attendance of the first class is mandatory. To register, please call or email 802-295-9068 or hello@bugbeecenter.org.



BUGBEE Talks

Speaker Series for Upper Valley Seniors

One Room Schoolhouses

Thursday, February 19 at 1:00 pm

Local historian Steve Taylor will trace the history of the one-room schoolhouse. The Town of Hartford, chartered in 1761, had at one time 17 rural one-room school districts. Teachers were as young as 15! Thank you to National Active and Retired Federal Employees Association (NARFE) for coordinating this BugbeeTalk!
No registration required.



Pan American Bike Trek

Thursday, February 26 at 1:00 pm

Bond Almand IV is a 20 year old endurance cyclist and undergraduate at Dartmouth College. In the Summer/Fall of 2024, he biked (and broke the record unsupported!) from the top of North America to the tip of South America in a mere 75 days, a 14,000+ mile challenge called the Pan American cycling route.
No registration required.



Hartford High School Tech Helpers

Wednesdays, Feb 11 & 18 - Appointments Required

Trouble with technology? Confused by cell phones? Help is here! Come meet with the junior tech support specialists from the Hartford Area Career and Technology Center. These students are ready and willing to help you with any tech-related problems.

Appointments are required! When registering, please let us know what you need help with. To register for a 30 minute time slot, please call 802-295-9068 or email hello@bugbeecenter.org.

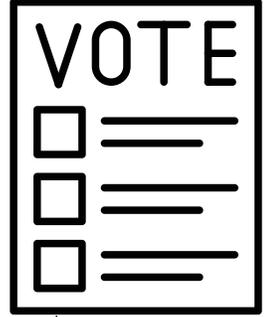


Hartford Selectboard Candidate Forum

Wednesday, February 18 at 1:30 pm

Get to know the new Selectboard candidates and inform yourself as a voter before Town Meeting Day! On March 3, Hartford will vote for three Selectboard members. All candidates have been invited to introduce (or reintroduce) themselves to you and inform you of how they stand on important issues facing Hartford.

No sign up required. For more info, please call 802-295-9068 or email hello@bugbeecenter.org.
Moderated by Chuck Wooster.



Tax-Aide envelopes are now available for pick up.

Just like in years past, AARP Tax-Aide will be preparing your income taxes. You are now able to pick up a Tax-Aide envelope at the Center. Inside the envelope, you will find an introduction letter to AARP Tax-Aide & an intake booklet. Once you've filled out the booklet & gathered all of your tax documents, you will call the 211NH number on the introduction letter to schedule an appointment with AARP. Appointments are being held at St. Paul's Episcopal Church in White River Junction.



****Please Note* Bugbee will not be able to help fill out your forms. We are not tax specialists! Thank you for understanding!***



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