



Celebrations all year!



Stay tuned for more opportunities to commemorate this milestone in our community's history. Have an idea for a special event? Memories of someone from Bugbee's past? Let us know!

hello@bugbeecenter.org

Save the date!

Celebrating 50 Years: A Roundtable



Wednesday, April 8th after lunch.

Join special guests, including our founding director Linda Glasgo, previous director Len Brown, and other characters from Bugbee's past and present as we share memories, laughs, and photos from the last 50 years.



The Great Bugbee 50/50/50 Raffle

Our incorporators signed the Articles of Association on April 16, 1976, and Bugbee was born. To celebrate, we are doing 50 days of a 50/50 raffle! Tickets will go on sale from April 16 to the final drawing on Friday, June 5th (50 days later). Proceeds go towards the next fifty years of service! \$5 for 3 tickets.

Holiday Lunches @ Bugbee

Saint Patrick's Day Lunch & High Stakes Bingo

Tuesday, March 17 at noon

Wear green! Nothing says Saint Patrick's Day quite like Corned Beef & Cabbage. Sorry... no beer here, but we do have cheer!

Advance registration is required for lunch at noon. For more information, or to sign up, please call 802-295-9068 or email hello@bugbeecenter.org.

After lunch, stick around for High Stakes Bingo! \$3 per card, 10 games. No sign up required for bingo. Bring your lucky four leaf clovers!



Menu

House Salad
Corned Beef
Boiled Potatoes,
Carrots, & Cabbage
Soda Bread
Chocolate Cake w/Mint

Easter Lunch & High Stakes Bingo

Thursday, April 2 at noon

Happy Easter! Join your friends and family for a delicious Baked Ham meal to celebrate the holiday.

Advance registration is required for lunch at noon. For more information, or to sign up, please call 802-295-9068 or email hello@bugbeecenter.org.

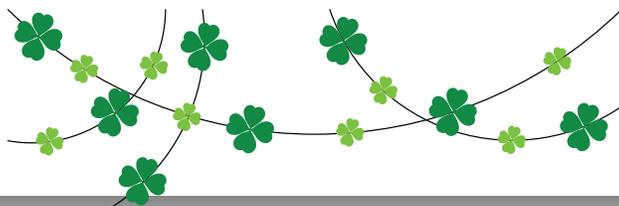
After lunch, stick around for High Stakes Bingo! \$3 per card, 10 games. No sign up required for bingo.



Menu

Cole Slaw
Baked Ham
Sweet Potatoes with
Marshmallow
Brown Sugar Gravy
Green Beans

Menu MARCH 2026



Monday	Tuesday	Wednesday	Thursday	Friday
<p>2</p> <p>Chickpea Salad Penne alla Vodka Peas & Carrots Garlic Bread Mandarin Oranges</p>	<p>3</p> <p>House Salad Herbed Chicken Mashed Potatoes Roasted Root Veggie Medley Roll Rice Pudding</p>	<p>4</p> <p>Orange Slaw Mongolian Beef & Broccoli White Rice Stir Fry Veggies Pineapple Cake</p>	<p>5</p> <p>Apple Slaw Baked Ham Scalloped Potatoes Carrots Roll Apple bread Pudding</p>	<p>6</p> <p>Corn Chowder Oyster Crackers Cali Veggie Medley Toasted Bread Jell-O w/ Fruit</p>
<p>9</p> <p>Beet Salad Mac & Cheese Stewed Tomatoes Brussels Sprouts Fruit Salad</p>	<p>10</p> <p>*Birthday Day* House Salad Ranch Chicken Vegetable Rice Pilaf Broccoli Spice Cake</p>	<p>11</p> <p>Cole Slaw Baked Haddock Roasted Potatoes Creamed Spinach Brownies</p>	<p>12</p> <p>Turkey Dinner Mashed Potatoes Gravy & Stuffing Green Bean Casserole Cranberry Sauce Pumpkin Stuff</p>	<p>13</p> <p>House Salad Cheese Ravioli w/ Meat Sauce Garlic Roll Fire Roasted Tomatoes Spinach Jell-O</p>
<p>16</p> <p>Salad Salisbury Steak Sweet Potatoes Green Beans Cookies</p>	<p>17</p> <p>*Saint Patrick's Lunch* <i>Advance Registration Required</i> House Salad Corned Beef Boiled Potatoes, Carrots, & Cabbage Soda Bread Chocolate Cake w/Mint</p>	<p>18</p> <p>Spinach Salad Philly Cheese Steak Casserole Green Beans Roll Fruit Salad w/ Melon</p>	<p>19</p> <p>Chili Soup Topped w/ Cheese Corn Bread Side of Pico Berry Cobbler</p>	<p>20</p> <p>House Salad C&S Pizza Melon Medley</p>
<p>23</p> <p>Spinach & Tomato Salad American Chop Suey Green Beans Strawberries & Pudding</p>	<p>24</p> <p>House Salad Popcorn Chicken Black Beans, Pepper, Corn, & Pico topped w/ Southwest Ranch Dressing Cinnamon Brownie</p>	<p>25</p> <p>Caesar Salad Lemon Herb Salmon Aromatic Rice Cali Veggie Medley Peaches & Cream</p>	<p>26</p> <p>Breakfast for Lunch Bacon Spinach Frittata Tomato Jam Waffles Sausage Berry Parfait</p>	<p>27</p> <p>Vegetable Salad Tuna Pasta Bake w/ Peas & Carrots Vegetable Medley Oatmeal Raisin Cookies</p>
<p>30</p> <p>House Salad Beef Stroganoff Cauliflower Pears</p>	<p>31</p> <p>Caesar Salad Chicken & Biscuit in Gravy Peas & Carrots Broccoli Oranges & Pineapple</p>			

We serve lunch at noon! Reservations required. Call 802-295-9068 before 11:00 to sign up!
Suggested donation is \$6.



March

Activities MARCH 2026

Monday	Tuesday	Wednesday	Thursday	Friday
2 9:30: Mahjong 9:30 & 10:40: Tai Chi @ Bugbee-\$3 10: Bridge 1: Boggle 1: Bingo 2: Indoor Rowing 2: Grief & Healing Café	3 8:30: Yoga for Men-\$8 10: Yoga Fusion-\$8 10: Library Hours at Bugbee 1: Card Games	4 9: Foot Clinic-\$40 9:30: Mahjong 10:30: Senior Fitness-\$8 11:30: Tech Help 1: Fiber Crafts 1: Cornhole	5 9: Quilting 10: Connection & Communication Group 10:30: Buzz Café 11: Welcome Squad 1: Samba Card Game Lessons 1:30: Mahjong	6 9:30: Mahjong 9:30: Suite Notes 10: Chair Yoga-\$8 1: Bingo 1: Book Club
9 9:30: Mahjong 9:30 & 10:40: Tai Chi @ Bugbee-\$3 10: Bridge 1: Boggle 1: Bingo 2: Indoor Rowing	10 8:30: Yoga for Men-\$8 10: Yoga Fusion-\$8 10: Group GeoGuessr 10: Library Hours at Bugbee 1: Team Trivia 1: Card Games	11 9: Foot Clinic-\$40 9:30: Mahjong 10:30: Senior Fitness-\$8 11:30: Tech Help 12: Roman on the Violin 1: Fiber Crafts	12 9: Quilting 10: Connection & Communication Group 10:30: Buzz Café 1: Samba Card Game Lessons 1:30: Mahjong	13 9:30: Mahjong 9:30: Suite Notes 10: Chair Yoga-\$8 1: Bingo
16 9:30: Mahjong 9:30 & 10:40: Tai Chi @ Bugbee-\$3 10: Bridge 10: Memory Café 1: Boggle 1: Bingo 2: Indoor Rowing	17 8:30: Yoga for Men-\$8 10: Yoga Fusion-\$8 10: Library Hours at Bugbee 12: St. Patrick's Day Lunch <i>*sign up required</i> 1: High Stakes Bingo 1: Card Games	18 9: Foot Clinic-\$40 9:30: Mahjong 10:30: Senior Fitness-\$8 11:30: Tech Help 1: Fiber Crafts 1: Citizen Based Weather Reporting	19 9: Quilting 10: Connection & Communication Group 10:30: Buzz Café 1: Samba Card Game Lessons 1:30: Visually Impaired Group 1:30: Mahjong	20 9:30: Mahjong 9:30: Suite Notes 10: Chair Yoga-\$8 1: Zentangle Class-\$25 1: Bingo
23 9:30: Mahjong 9:30 & 10:40: Tai Chi @ Bugbee-\$3 10: Bridge 1: Boggle 1: Bingo 1: Painting with Christine-\$25 2: Indoor Rowing	24 8:30: Yoga for Men-\$8 10: Yoga Fusion-\$8 10: Library Hours at Bugbee 1: Card Games	25 9:30: Mahjong 10:30: Senior Fitness-\$8 11:30: Tech Help 1: Fiber Crafts	26 9: Quilting 10: Connection & Communication Group 10:30: Buzz Café 1: Samba Card Game Lessons 1: Mentoring Project 1:30: Mahjong	27 9:30: Mahjong 9:30: Suite Notes 10: Chair Yoga-\$8 1: Bingo
30 9:30: Mahjong 9:30 & 10:40: Tai Chi @ Bugbee-\$3 10: Bridge 1: Boggle 1: Bingo 1: Easter Card Making 2: Indoor Rowing	31 8:30: Yoga for Men-\$8 10: Yoga Fusion-\$8 10: Library Hours at Bugbee 12: Lunch Tunes with Dan Roda 1: Card Games			

Community at Bugbee

Grief & Healing Café

Monday, March 2 at 2:00 pm

The Grief Café is a shared space to witness and share the grief experience and the nurturing of healing with others in a compassionate, kind, and non-judgmental environment, sharing both joys and sorrows. We hope you'll join us as you feel so moved. Email hello@bugbeecenter.org or call 802-295-9068 for the zoom link. First Monday of each month at 2pm.



Bugbee Buzz Café

Every Thursday Morning at 10:30 am

An informal time to chat, share, laugh, have coffee & a pastry! All are welcome!

Join us for coffee, fresh baked goodies, and great conversation. No registration required.



Welcome Lunch: Hosted by Bugbee Welcome Squad

First Thursday of the Month - March 5 at 11:00 am

Joining a new community can seem daunting—but everyone is welcome at Bugbee where friendship and hospitality thrive! The Welcome Squad will greet newcomers with a brief tour of our center, offer an introduction to our programs and services, and provide an opportunity to meet people. Then, we will enjoy lunch together!

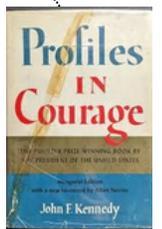
Help us spread the word by inviting potential new members to join us! Registration required! Call 802-295-9068 or email hello@bugbeecenter.org to sign up!



Book Club - Profiles in Courage

Friday, March 6 at 1:00 pm

Quechee/Wilder Libraries discusses popular and interesting titles on the first Friday of the month. Copies of the book are available from Bugbee Senior Center or from Quechee Library at 802-295-1232. For more info or to sign up, call 802-295-9068 or hello@bugbeecenter.org.

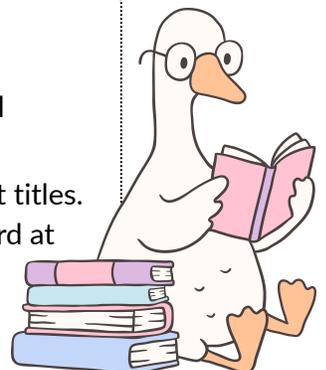


Hartford & Quechee/Wilder Library Hours at Bugbee

Every Tuesday from 10:00 am to 11:30 am

The Libraries Come to Bugbee! Librarians from the Hartford and Quechee/Wilder Libraries will provide library services in Bugbee's library room each week.

They will bring books from the libraries' collections, including new best sellers and large print titles. All are welcome to check out books using existing library cards. If you don't have a library card at one of the Hartford Libraries, they will be happy to open one for you. You don't need to be a Hartford resident to open a card and use services. Learn about all that our Town Libraries have to offer and stock up on great reading materials! We look forward to seeing you there!



Director's Corner

March, 2026

Last month Punxsutawney Phil saw his shadow and predicted more winter...although in Vermont I think we kind of expect it to last through at least March every year. Thank you all for bearing with us through the cold and snow, and for keeping Bugbee warm and cozy.

I'd also like to thank you all for your patience during the February maintenance and repair projects. It took about 2 ½ weeks to get through everything, but it was worth it. The plumbing in the kitchen is much improved and flowing well, and we even got some new electrical outlets in the kitchen that will help with cooking and food production. And, the lights in the dining room don't flicker any more! I'd say it was awfully quiet around here, but honestly the jackhammering and excavation were noisy enough. We much prefer hearing you all talk, laugh, and kvetch.

We've got a slate of other maintenance projects through spring and summer, but we'll be able to work around those without any major schedule changes (knock on wood). It's a good time to put some TLC into the facility, as next month we begin celebrating the 50th anniversary of White River Council on Aging!

WRCOA is the nonprofit behind Bugbee Senior Center, and we got our start in the mid-70s. In April, 1976 we formally incorporated as a nonprofit, and the rest is history. Our first meals were in the basement of St. Anthony's and we roamed around between Hartford United Church, the high school, Colodny's, and the Little Theater in Woodstock before Bugbee was built in 1980. We are looking forward to commemorating the people and milestones that have helped make Bugbee such a great senior center. Stay tuned for special events starting in April!

In the meantime, enjoy all the activities, programs, and menus for March. Hope to see you around as mud season approaches. And, looking forward to a happy St. Paddy's Day!

Mark Bradley
Executive Director



Tax-Aide envelopes are now available for pick up.



Just like in years past, AARP Tax-Aide will be preparing your income taxes. You are now able to pick up a Tax-Aide envelope at the Center. Inside the envelope, you will find an introduction letter to AARP Tax-Aide & an intake booklet. Once you've filled out the booklet & gathered all of your tax documents, you will call the 211NH number on the introduction letter to schedule an appointment with AARP. Appointments are being held at St. Paul's Episcopal Church in White River Junction.

****Please Note* Bugbee will not be able to help fill out your forms. We are not tax specialists! Thank you for understanding!***

Bugbee Center is unable to accept donations of household goods, clothing, books or other items.

Thank You for Thinking of Us! While we truly appreciate the kindness of our community, Bugbee Senior Center is unable to accept donations of clothing, household goods, books, medicine, or other consumables. If you want to make a donation of these items, please consider Listen Thrift Stores, Cover to Cover Book Store, Cover Store, Upper Valley Haven, or any other organization that accepts donations of items. Your continued support in other ways means so much to us! Note: we DO accept durable medical equipment such as walkers, wheelchairs, etc.



Arts & Crafts

@BUGBEE



Zentangle

Friday, March 20 at 1:00 pm

Zentangle is a peaceful system of structured drawing where no mistakes are possible. It's easy and fun and produces a calm, meditative state known as Zen-Flow. Join Elizabeth Sofish, Certified Zentangle Teacher, to enjoy a relaxing afternoon of stress-free fun.

Fee is \$25 and includes all materials & instruction. Registration required. For more info or to sign up, please call 802-295-9068 or email hello@bugbeecenter.org.



Painting with Christine - White Birches

Monday, March 23 at 1:00 pm

Christine of the Wandering Paint Brush is back for another great painting class! All levels of experience are encouraged to come. For anyone who has taken a class with Christine, you know it is Always FUN! \$25 fee covers instruction and all materials. In March, paint a few white birch trees! Take home your very own Masterpiece.

Registration required. For more info or to sign up, please call 802-295-9068 or email hello@bugbeecenter.org.

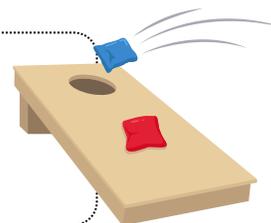


Fun & Games at Bugbee!

Cornhole

Wednesday, March 4 at 1:00 pm

Who can put the corn in the hole? Bring a partner, or find one here! No fee or registration required. For more info, please call 802-295-9068 or email hello@bugbeecenter.org.



Group GeoGuessr

Tuesday, March 10 at 10:00 am

Imagine this: you've been dropped off in a random location somewhere in the world, and you only have five minutes to guess your location. Will the clue be a street sign or a landmark? The way the buildings look? The type of greenery? Don't worry if you'll be good at it or not! Join the fun, explore the world, and meet new people with this riveting game all about noticing hidden details that make different places feel unique.

Registration required. For more info, please call 802-295-9068 or email hello@bugbeecenter.org.



Team Trivia

Tuesday, March 10 at 1:00 pm

Dust off your thinking caps, grab your friends, & have some fun! The game will include four rounds, with 10 questions per round. Each round will be a different theme. No fee to play, open to all.



Samba - A Card Game
Every Thursday at 1:00 pm

Curious about the Samba card game? Join us to learn the rules, scoring, and basic strategies in a relaxed, supportive setting. No experience needed—just bring your enthusiasm!

No sign up required. For more info, please call or email 802-295-9068 or hello@bugbeecenter.org.

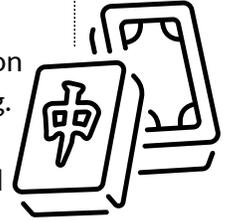


Beginner Mahjong Lessons

8 Week class on Thursdays, 1 pm to 3 pm - March 5 thru April 23

Have you been itching to learn Mahjong? Now's your chance! Sharon will be teaching another session of Mahjong lessons! Get to know bamboos, chicken hands, thirteen orphans, and going Mahjong.

Sign up is required and attendance of the first class is mandatory. To register, please call or email 802-295-9068 or hello@bugbeecenter.org.



BUGBEE Talks

Speaker Series for Upper Valley Seniors

Citizen Based Weather Reporting

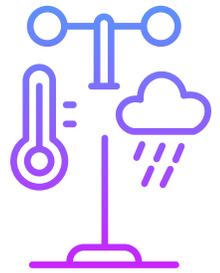
Wednesday, March 18 at 1:00 pm

Are you a weather buff? Do you want to be part of an early warning system for future weather events in our area?

Thom Simmons, director of Neighborhood Connections in Londonderry, will be here to offer free training to area residents who wish to be part of a regular local rainfall and snowfall data reporting team. These events are authorized by professional National Weather Service meteorologists in order to establish "CoCoRaHS" stations throughout our service area.

CoCoRaHS is an acronym for the Community Collaborative Rain, Hail and Snow Network. It is a community-based network of volunteers working together to measure and map precipitation using official measurement gauges and utilizing an interactive website. These reports are used by the National Weather Service, meteorologists, first responders, and others in tracking and predicting weather events.

Neighborhood Connections will supply the gauges for accurate measurements to all who successfully complete the training! No registration required. For more info, please call 802-295-9068 or email hello@bugbeecenter.org.

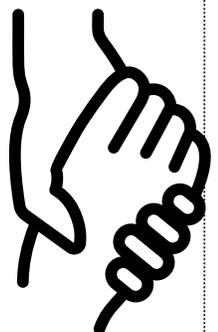


The Mentoring Project

Thursday, March 26 at 1:00 pm

Have you heard of The Mentoring Project of the Upper Valley? TMPUV (for short) is a community-based mentoring program that matches young people with caring adults who offer companionship, support and encouragement. Through the power of one-on-one attention and shared experiences, our volunteer mentors help youth build self-confidence, practice social skills, and explore their futures. TMPUV is a free program to area youth ages 9 and up, and we are often seeking new mentors. Come hear more about this unique local nonprofit and consider the ways that mentors past and present have shaped your world! You can also check out their website for more information: mentoringprojectuv.org.

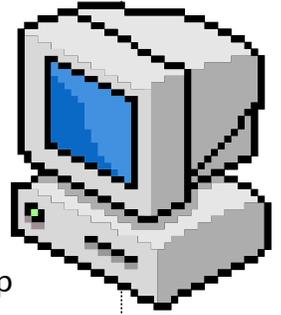
No registration required. For more info, please call 802-295-9068 or email hello@bugbeecenter.org.



Hartford High School Tech Helpers
Wednesdays in March. Appointments Required

Trouble with technology? Confused by cell phones? Help is here! Come meet with the junior tech support specialists from the Hartford Area Career and Technology Center. These students are ready and willing to help you with any tech-related problems.

Appointments are required! When registering, please let us know what you need help with. To register for a 30 minute time slot, please call 802-295-9068 or email hello@bugbeecenter.org.



Town Meeting season is here!

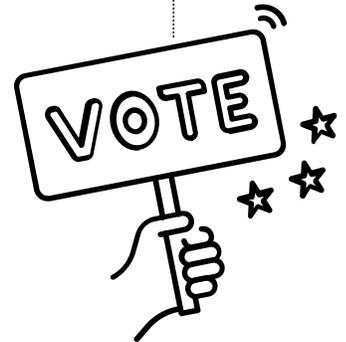
Info: bugbeecenter.org/townmeeting2026

Hartford: Town & School Meeting Day 2/28, Voting Day 3/3. Visit <https://hartfordcc.wixsite.com/voterguide> to learn about the candidates and about Town Meeting Cycle Events and ballot items!

Hartland: Town Meeting Tuesday, March 3

Norwich: Town Meeting Tuesday, March 3

Thetford: Town Meeting 2/28, ballot voting 3/3



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White River Council on Aging
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