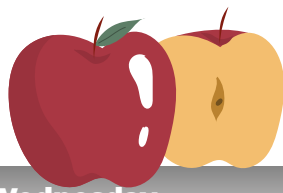
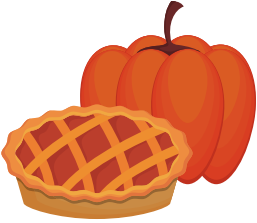


Menu

September 2026



Monday	Tuesday	Wednesday	Thursday	Friday
	1 Slaw Baked Haddock Roasted Potatoes Creamed Spinach Blueberry Cobbler	2 Faro & Spinach Salad Lemon Sauce Fried Chicken Orzo Florentine Squash Roasted Tomatoes Ice Cream w/ Spiced Apples	3 Caesar Salad Cheese Ravioli w/ Meat Sauce Tuscan Blend Veggies Garlic Bread Fruit	4 Breakfast for Lunch Banana Bacon Spinach Frittata Tomato Jam Waffle w/ Maple Syrup Sausage Berry Parfait
7 Closed for Labor Day 	8 House Salad Chicken & Biscuit w/ Gravy, Peas, & Carrots Cauliflower Pineapple w/ Orange Whip	9 <i>Birthday Lunch</i> 5 Bean Salad Roast Pork Scalloped Potatoes Glazed Carrots Roll Spiced Apple Sauce Birthday Cake	10 Beet Salad Mac & Cheese Stewed Tomatoes Brussels Sprouts Grapes	11 House Salad Beef Stew Broccoli Garlic Roll Cookies
14 House Salad Salisbury Steak Sweet Potatoes Spinach Roll Apple Sauce	15 Slaw Baked Ham Roasted Potatoes Braised Cabbage Carrots Apple Bread Pudding	16 House Salad Marry me Chicken Cheesy Broccoli Gratin Chimichurri Roasted Potatoes Brownie & Strawberry	17 House Salad Potato salad BLT Wrap Melon Slice Ice Cream Sandwich	18 Caesar Salad Clam Chowder Oyster Crackers Corn Oranges
21 Closed for Staff Development & Training 	22 Caesar Salad Lemon Herb Salmon Roasted Potatoes Cali Medley Blend Roll Peaches & Cream	23 Turkey Dinner Mashed Potatoes, Stuffing, & Gravy Green Bean Casserole Orange Cranberry Sauce Pumpkin Stuff	24 PIZZA & BINGO NIGHT OPENING House Salad C&S Pizza Pasta Salad Melon <i>*No Meal Delivery*</i>	25 Spinach Tomato & Mozzarella Salad American Chop Suey Broccoli Strawberries & Pudding
28 Cucumbers w/ Ranch Cheese & Crackers Cuban Sandwich Chips Grapes & Berries	29 Caesar Salad Popcorn Chicken KFC Gravy Bowl w/ Corn & Mashed Potatoes Cheesy Broccoli Garlic Bread Peach Cobbler	30 Tomato & Cucumber Salad Beef Stroganoff Tuscan Veggie Blend Roll Baked Pears		

We serve lunch at noon! Reservations required. Call 802-295-9068 before 11:00 to sign up!
Suggested donation is \$6.